

Break Into October Half Term

What's On

Short Break Information for Parents & Carers of Disabled Children & Young People

We hope you had a great summer and that you and your family enjoyed some fantastic short breaks, despite the rain, wind and occasional sunny day!

Based on the success of the short break activities offered last summer we are pleased to offer more wonderful break activities to enjoy during the forthcoming October half term period (24th—28th October).

To book a place for your child please email the broker at CWoyka@routeways.org.uk or call the booking line on 0800 7834259.

There will be further activities planned for after school and weekends, with more information available in the next newsletter available 12th October - if you haven't already registered to receive the newsletter please email sarahflay@yahoo.co.uk.

Short Break Activity	Where and When
<p>Hamoaze House Fun Club (Monday 24th October) A range of activities will be available for young people aged 12-16 providing opportunities to build confidence and self esteem focusing on conflict resolution, problem solving and working as part of a team. Activities will include, pool, gym, trampolining, boxing and other fun activities.</p>	<p>Hamoaze House, Mount Wise, PL1 4JQ</p> <p>24/10 from 10am to 4pm</p>
<p>Diggin It' in the Park: Wild Breaks (Wednesday 26th and Friday 28th October) Offers a fun filled mixture of activities including:- Gardening, Forest School, campfire cooking, bush craft, learning about nature, wild woodland games, den building, bug hunting environmental and art & crafts. Children/young people will need to arrive at Devonport Park by 10am and be collected at 4pm and will need to bring a pack lunch. All kit and equipment will be provided, suitable clothing should be worn.</p>	<p>Devonport Park, PL1 4BT</p> <p>26/10 & 28/10 from 10am to 4pm</p>

Short Break Activity	Where and When
<p>Plymouth YMCA Holiday Club <u>Cost of £4.20</u> (Thursday 27th - 7-11 years) (Friday 28th - 12-16 years) Each day there will be a main activity such as trampolining basic I.T, circus skills, jewelry making, climbing, tennis and street surfing. Different sport and activity related games will also be available such as football, basketball, uni-hockey, dodgeball and badminton, team and individual games will be available. Young people have the use of a games room area with a PlayStation 2, XBOX 360, Nintendo Wii, pool table, table tennis and football table. There is also a chill out area where they can watch a DVD or do some arts and craft.</p>	<p>YMCA, Honicknowle Lane, Pennycross, PL5 3NG</p> <p>27/10 (ages 7-11) and 28/10 (ages 12-16)from 10am to 4pm</p>
<p>Wednesdayz Fun Club <u>Cost of £5.00</u> (Wednesday 26th October) Wednesdayz autumn fun club is running for children aged 6 upwards; activities will include art and craft, cooking, outdoor and indoor games, scrap building, scrap races, music, drawing and using the sensory room. A packed lunch, drinks and snacks will need to be provided and clothes should be comfortable play clothes (that parents wont mind getting dirty).</p>	<p>Downham School, Horn Lane, Plymstock, PL9 9BR</p> <p>26/10 10 am to 3pm</p>
<p>Plymouth Music Zone (Friday 28th of October) 8 -11 Year olds - 10.00 am– 11.30am 11 - 18 Year olds – 13.30pm – 15.00pm Plymouth Music Zone will be providing two sessions of creative music making and multisensory experiences at its purpose made facility in Devonport during the October half term. The first will be aimed at children aged 8 to 11 years old and the second aimed at slightly older young people aged 11 to 18. Both sessions will be targeted towards young children with a variety of disabilities.</p>	<p>Plymouth Music Zone, Ragland Road, Devon port, PL1 4NQ</p> <p>28/10 10am to 11.30am & 1.30pm to 3pm</p>
<p>Plymouth Sports Academy (dates and times to be confirmed shortly) Plymouth Sports academy will deliver tennis, cricket and football. The day will include coaching tips and fun small sided games. Focusing on inclusion and fun rather than static coaching drills. whilst also having lots of fun! Participants will need to wear comfortable sports clothing and trainers and will also need to bring drinks and a packed lunch.</p>	<p>Woodview Learning Community Wood View Drive, Tamerton Foliot Road, Whitleigh, PL6 5ES</p>
<p>Scope Autumn Beach Club (Tuesday 25th October) The Scope autumn play scheme is being held at Downderry Methodist church hall. Transport is available if required and will be picking up at 10am from the Plymouth Community Resource Service in Church Street Stoke, returning at 4pm. The day will comprise of a range of Halloween based sensory, craft, music and play based activities with a seaside theme and weather permitting a short walk to the beach to collect resources.</p>	<p>Unit 4 b, Church Street, Stoke, PL3 4DT</p> <p>25/10 10 am to 4pm</p>